

THE LITTLE PSALTER OF JESUS RISEN



This devotion is called in one source “An Exercise in Honour of the Mysteries of Jesus Risen”. It is a ‘little psalter’ in the extended sense of that term; that is, it is a structured devotion which includes special prayers for each section, common prayers (*e.g.* the *Ave* and *Glory*) to mark transitions, a unifying hymn to be sung or recited each day, and versicles and responses to frame prayers. Each part of this little psalter pertains to a “mystery”, and there are fifteen of these mysteries, making it parallel to the Most Holy Rosary of the Blessed Virgin Mary. This devotion is also extremely Marian in character. Each part of it is marked by a Marian refrain in verse, and our Lady is constantly presented as the mediatrix standing between Christ’s risen glory and our poor souls.

This Little Psalter of Jesus Risen was tailored for use in the Easter Octave, and it might also be prayed on each of the five Sundays of Eastertide.

STAND FOR THIS PASCHAL DEVOTION

OPENING PRAYERS:

ADRESSES, IN TURN, TO JESUS, MARY, JOSEPH AND TO THE HEAVENLY FATHER

O my blessed Jesus, I adore Thee, bright and beautiful in Thy Resurrection. I adore Thee in all the mysteries of Thy risen life on earth and in all the majesty and loveliness of Thy most dear Soul and glorified Body as seen and worshipped in Heaven at this hour. I acknowledge Thee to be my Lord and my God. I bless Thee for Thy sweet victory over death, and for Thy faithful love in retaining Thy Five Holy Wounds, wherewith we sinners wounded Thee on earth. Grant, I beseech Thee, O my dearest Jesus, that I may so often and so tenderly meditate upon Thee risen and glorified that my heart may become daily more and more inflamed with love of Thee, so that Thy comeliness may make the world dull and intolerable, and I may thirst exceedingly with pure and disinterested love for the hour when Thou shalt admit me to behold Thee as Thou art, my dearest Lord, at this very moment on Thy throne in Heaven, Who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen. *Say the Apostles' Creed.*

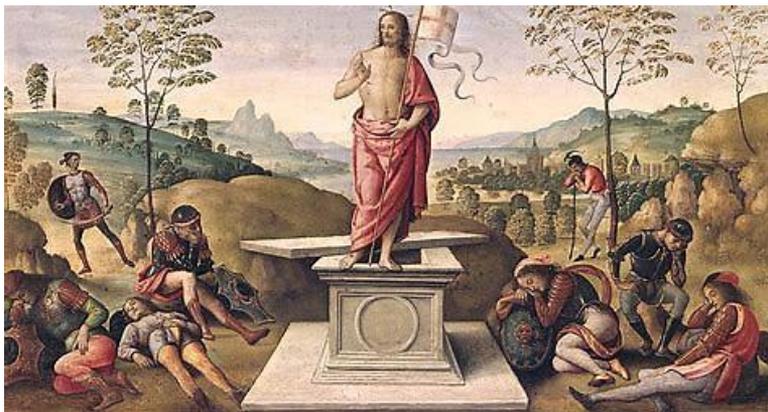
O Queen of Heaven and earth, Mother of God, Mother of Mercy, conceived without stain of original sin, and gloriously crowned in Heaven: I desire with all the love of my poor heart, to felicitate thee for those wonderful raptures which thou didst and now dost enjoy in the glory and splendour of Jesus Risen, from that first dawn when, in thy sorrow, He appeared unto thee, and even to the present hour; and I beseech thee to accept this my devotion to thy maternal joys, and to obtain for me an increase of love to Jesus in this world and, in the world to come, the never-fading light of His most blessed countenance. Amen. *Ave.*

O glorious and affectionate St. Joseph, foster-father of Jesus and spouse of Mary, by the joy of thy meeting with Jesus in the place of departed spirits, and by the joy thou hast this hour in thy nearness to His risen glory and most sweet splendour, present unto Him, I beseech thee, O my dear father and protector, this my devotion to the mysteries of His Risen Life; and, as He spared thee the bitterness of His Sacred Passion, obtain for me the peace of His Resurrection and the gift of spiritual beatitude, that I may find no complacency but in God, and in Jesus, Mary and thyself. Amen. *Pater.*

V. Pray for us, O holy angels of God, alleluia!

R. That we may be made worthy of the vision of Jesus Glorified, alleluia!

O Eternal Father, Who, of Thine infinite goodness, didst give unto us Thine eternal and only-begotten Son, Jesus Christ, and has now raised His sacred humanity to the high places of Heaven: grant, we beseech Thee, that, by our devotion to the mysteries of His Risen and Glorified Life both on earth and in Heaven, we may so please Thee that, by Thy clemency, we may attain to the vision and enjoyment of Thee in the world to come, through the same Jesus Christ Thy Son, our Lord, Who, with Thee and the Holy Ghost, liveth and reigneth, one God, world without end. Amen.



THE MYSTERIES

I.

O my blessed Jesus, my Lord and my God, I adore and love Thee in Thy risen glory as Thou wert at the moment of Thy triumph over death, and as Thou wert in all Thine apparitions during those mysterious forty days; and I bless Thee for the joys Thou gavest thy dear mother in Thy Soul and Body Glorified. *Ave. Glory.*

✠. Blessed be Jesus Risen, alleluia!

✠. And blessed be His five bright Wounds, alleluia!

All praise to Jesus for the joys
His glory now on Mary showers;
It is a joy—the joys are hers—,
For Mary's joys are doubly ours.

II.

O my blessed Jesus, my Lord and my God, I adore and love Thee in Thy risen glory in which Thou didst appear to thy mother at the dawn of day when Thou didst console her in her sorrow; and I bless Thee for the joys Thou gavest thy dear mother in Thy Soul and Body Glorified. *Ave. Glory.*

✠. Blessed be Jesus Risen, alleluia!

✠. And blessed be His five bright Wounds, alleluia!

All praise to Jesus for the joys
His glory now on Mary showers;
It is a joy—the joys are hers—,
For Mary's joys are doubly ours.

III.

O my blessed Jesus, my Lord and my God, I adore and love Thee in that power and splendour with which Thou didst ascend to Heaven in the presence of Thy mother and the holy apostles, and as Thou didst appear at the moment they last looked upon Thee and earth lost sight of Thee after Thy sojourn of three and thirty years; and I bless Thee for the joys Thou gavest thy dear mother in Thy Soul and Body Glorified. *Ave. Glory.*

✠. Blessed be Jesus Risen, alleluia!

✠. And blessed be His five bright Wounds, alleluia!

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His glory now on Mary showers;
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For Mary's joys are doubly ours.

IV.

O my blessed Jesus, my Lord and my God, I adore and love Thee in that winning majesty and brightness in which Thou didst suffer Thy first martyr, St. Stephen, to behold Thee at his martyrdom, and in which Thou didst suffer Thy chosen vessel, St. Paul, to see Thee at his conversion; and I bless Thee for the joys Thou gavest thy dear mother in Thy Soul and Body Glorified. *Ave. Glory.*

✠. Blessed be Jesus Risen, alleluia!

✠. And blessed be His five bright Wounds, alleluia!

All praise to Jesus for the joys
His glory now on Mary showers;
It is a joy—the joys are hers—,
For Mary's joys are doubly ours.

V.

O my blessed Jesus, my Lord and my God, I adore and love Thee in Thy risen loveliness, which takes away from our hearts all sad and sorrowful thoughts of Thee, while the sight of Thy five precious Wounds which Thou retainest keeps the memory of Thy Sacred Passion sweetly alive in our hearts; and I bless Thee for the joys Thou gavest thy dear mother in Thy Soul and Body Glorified. *Ave.* Glory.

V. Blessed be Jesus Risen, alleluia!

R. And blessed be His five bright Wounds, alleluia!

All praise to Jesus for the joys
His glory now on Mary showers;
It is a joy—the joys are hers—,
For Mary's joys are doubly ours.

VI.

O my blessed Jesus, my Lord and my God, I adore and love Thee in Thy risen glory as Thine apostles beheld and remembered Thee after Thine Ascension. I desire to enter into their special devotion to Thy blissful Resurrection; and I bless Thee for the joys Thou gavest thy dear mother in Thy Soul and Body Glorified. *Ave.* Glory.

V. Blessed be Jesus Risen, alleluia!

R. And blessed be His five bright Wounds, alleluia!

All praise to Jesus for the joys
His glory now on Mary showers;
It is a joy—the joys are hers—,
For Mary's joys are doubly ours.

VII.

O my blessed Jesus, my Lord and my God, I adore and love Thee in that power and majesty and surpassing loveliness in which Thou didst appear when Thou didst assume Thy beloved mother into Heaven in the presence of all the angels, and in which Thou didst place a diadem of stars upon her head, crowning her as Queen of Heaven; and I bless Thee for the joys Thou gavest thy dear mother in Thy Soul and Body Glorified. *Ave.* Glory.

✠. Blessed be Jesus Risen, alleluia!

✠. And blessed be His five bright Wounds, alleluia!

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His glory now on Mary showers;
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For Mary's joys are doubly ours.

VIII.

O my blessed Jesus, my Lord and my God, I adore and love Thee in Thy glory and splendour when Thou wert freshly risen, for it is sweet to think of Thee as Thou art at present, and Thou art clothed with that self-same magnificence and splendour now, and art worshipped at this time by the hierarchies of Heaven, who see Thee now just as Thou wert when Thou didst stride forth from the tomb; and I bless Thee for the joys Thou gavest thy dear mother in Thy Soul and Body Glorified. *Ave.* Glory.

✠. Blessed be Jesus Risen, alleluia!

✠. And blessed be His five bright Wounds, alleluia!

All praise to Jesus for the joys
His glory now on Mary showers;
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For Mary's joys are doubly ours.

IX.

O my blessed Jesus, my Lord and my God, I adore and love Thee in that glory and majesty wherein Thou wilt come at last with angels and in clouds to judge the world, and they that pierced Thee shall look on Thee and see Thy Wounds; and I bless Thee for the joys Thou gavest thy dear mother in Thy Soul and Body Glorified. *Ave. Glory.*

V. Blessed be Jesus Risen, alleluia!

R. And blessed be His five bright Wounds, alleluia!

All praise to Jesus for the joys
His glory now on Mary showers;
It is a joy—the joys are hers—
For Mary's joys are doubly ours.

X.

O my blessed Jesus, my Lord and my God, I adore and love Thee in Thy risen glory and celestial splendour because it is sweet to think of Thee now as Thou wilt ever be, without change, while we shall behold Thy sacred humanity in Heaven for all eternity; and I bless Thee for the joys Thou gavest thy dear mother in Thy Soul and Body Glorified. *Ave. Glory.*

V. Blessed be Jesus Risen, alleluia!

R. And blessed be His five bright Wounds, alleluia!

All praise to Jesus for the joys
His glory now on Mary showers;
It is a joy—the joys are hers—
For Mary's joys are doubly ours.

XI.

O my blessed Jesus, my Lord and my God, I adore and love Thee in that beaming loveliness and impassible humanity in which Thou didst appear at Thy Resurrection, and in which Thou wouldst have come to us Thy creatures had we never sinned, to show Thy love to us, and exalt us to Thyself; and I bless Thee for the joys Thou gavest thy dear mother in Thy Soul and Body Glorified. *Ave. Glory.*

✠. Blessed be Jesus Risen, alleluia!

✠. And blessed be His five bright Wounds, alleluia!

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His glory now on Mary showers;
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For Mary's joys are doubly ours.

XII.

O my blessed Jesus, my Lord and my God, I adore and love Thee in that impassible and glorified humanity in which Thou art beneath the species in Thy sweet Sacrament of love, melting our hearts, attracting us to Thyself, and shewing how Thy delight is still to be with the sons of men; and I bless Thee for the joys Thou gavest thy dear mother in Thy Soul and Body Glorified. *Ave. Glory.*

✠. Blessed be Jesus Risen, alleluia!

✠. And blessed be His five bright Wounds, alleluia!

All praise to Jesus for the joys
His glory now on Mary showers;
It is a joy—the joys are hers—,
For Mary's joys are doubly ours.

XIII.

O my blessed Jesus, my Lord and my God, I adore and love Thee in the glory and brightness, the clearness and impassibility of Thy Sacred Heart, which, in these last days, Thou hast vouchsafed to manifest to Thy Church so as to quicken the love of Thy people and, by this beautiful devotion, to revive Thy sacred fire within their hearts; and I bless Thee for the joys Thou gavest thy dear mother in Thy Soul and Body Glorified. *Ave. Glory.*

✠. Blessed be Jesus Risen, alleluia!

✠. And blessed be His five bright Wounds, alleluia!

All praise to Jesus for the joys
His glory now on Mary showers;
It is a joy—the joys are hers—,
For Mary's joys are doubly ours.

XIV.

O my blessed Jesus, my Lord and my God, I adore and love Thee in all the gifts of Thy risen and glorified Body. I bless Thee for Thine infinite condescension in making Thy Resurrection to be the pledge of ours, and in making Thy glorified Body to be the model and exemplar of our own; and I bless Thee for the joys Thou gavest thy dear mother in Thy Soul and Body Glorified. *Ave. Glory.*

✠. Blessed be Jesus Risen, alleluia!

✠. And blessed be His five bright Wounds, alleluia!

All praise to Jesus for the joys
His glory now on Mary showers;
It is a joy—the joys are hers—,
For Mary's joys are doubly ours.

XV.

O my blessed Jesus, my Lord and my God, I adore and love Thee in all the magnificence and glory and in all the gifts and graces of Thy sacred humanity, as it is at this time the central crown, summit and perfection of the very creation of God, and the object of the transcending love and blissful complaisance of the most holy and undivided Trinity; and I bless Thee for the joys Thou gavest thy dear mother in Thy Soul and Body Glorified. *Ave.* Glory.

✠. Blessed be Jesus Risen, alleluia!

℞. And blessed be His five bright Wounds, alleluia!

All praise to Jesus for the joys
His glory now on Mary showers;
It is a joy—the joys are hers—,
For Mary's joys are doubly ours.

✠. Blessed be the Eternal Father, alleluia, alleluia!

℞. Who gave His only-begotten Son to suffer and to rise again for men, alleluia, alleluia!

✠. Blessed be the Eternal Son, alleluia, alleluia!

℞. Who was delivered up for our sins, and rose again for our justification, alleluia, alleluia!

✠. Blessed be the Eternally-proceeding Spirit, alleluia, alleluia!

℞. Through Whose operation Jesus was conceived in His virgin mother's womb, alleluia, alleluia!

FINAL COLLECT

KNEEL.

With our whole heart, we confess and praise and bless Thee: God the Father, Unbegotten; God, the only-begotten Son; God the Holy Ghost, the Comforter; the holy and undivided Trinity. Thou art mighty and dost wondrous things, for Thou art God alone. To Thee be praise and glory and thanksgiving through endless ages, O Blessed Trinity. Amen. Alleluia!

This devotional booklet has been prepared by the Una Voce Vancouver Island Association (U.V.V.I.A.)

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