

**Devotion to the Third Person
of the Blessed Trinity**



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INTRODUCTION

The Holy Ghost or Holy Spirit or Divine Spirit is the Third Person of the Blessed Trinity. He is the love substantial which relates the Persons of the Almighty Father, Emperor of all creation, and Jesus Christ, the Son of God. The Holy Ghost is also the spiritual spouse of the Blessed Virgin Mary. The Holy Spirit hovered over the waters at the time of the Creation, infusing it with the divine presence. He also overshadowed the Holy Virgin so as to make incarnate Jesus Christ in her holy womb. He descended in the form of a dove on Christ at His baptism in the River Jordan. He led Jesus into the desert for the space of forty days, where He was tempted by the devil. He descended on the apostles in the form of tongues of fire and by a spiritual wind, giving them faith and the gift of tongues. He dwells in the souls of the just.

The feastday of the Holy Ghost is Pentecost, also called Whit Sunday because, at one time, candidates awaited Baptism on this day, dressed in their white garments. The liturgical colour of Pentecost, however, is red. Pentecost outranks all the feasts of the Church save Easter. It even outranks Christmas Day, as no feasts may stand in its privileged octave. Before 1962, it had its own Whitsun Triduum, which still exists culturally. This consists of the Sunday, Monday and Tuesday in the Octave, three continuous days of feasting, which are followed by the Whit Embertide, during which faithful fast and abstain from meat in the same week. Whit Sunday has its own special Communicantes and Hanc Igitur, just as Easter has. On Pentecost Sunday and on Christmas Day alone, the Priest, during the sung Creed, kneels on the subdeacon step to mark the Incarnation, and then he repairs to the sedilia. The Mass of Pentecost also has its own Sequence. There is a tradition that red roses, ideally illumined with gold florals, adorn the Altar and sanctuary on this day. At one time, at the Sequence, red rose petals were released on the faithful from a net suspended

overhead. They represent the tongues of fire which descended on the apostles. There are eleven alleluias said during this Mass. They figure the eleven apostles who were left before Judas was replaced by Matthias.

Holy Ghost or Holy Spirit?

Owing to the subterranean wind which invaded the precincts of the Church in the 1960s, an attempt was made to ‘replace’ the name *Holy Ghost* with a supposed new title, that of the kinder and gentler and therefore more pastoral and more ‘conciliar’ name *Holy Spirit*. The truth is that *Holy Spirit* has traditionally been a correct alternate term for *Holy Ghost*. However, the latter is the established default form in the English language, while *Holy Spirit* is entrenched in certain prayers and is otherwise preferred for useful variation. Both forms count as traditional. *Ghost* is the Germanic term [Old English *gāst*, German *Geist*, Dutch *geest*, Flemish *gheest*]. This form has been used in English for at least fourteen centuries. *Spirit*, from Latin, has been used for well over seven hundred years.

No two terms in a language are exact synonyms, and usage creates differences in tone. The traditional default form is *Holy Ghost* and it is entrenched in traditional practice for the *Signum Crucis* in English (“In the Name of the Father and of the Son and of the Holy Ghost”), for the lesser doxology (“Glory be to the Father and to the Son and to the Holy Ghost”), for the Greater doxology (“Glory be to God on high and, on earth, peace to men of good will With the Holy Ghost, ✠ in the glory of God the Father”), in the three great Creeds, in the *Te Deum*, and to open the Prayer to the Holy Ghost (“Come, Holy Ghost, fill the hearts of Thy faithful”). The alternate should not be intruded in these cases, for *Holy Ghost* is established in devotional usage. However, there are many cases in which the two forms can be used alternatively for variation. The *Spirit*

form is never strictly wrong but should be avoided where it might cause disruption in communal prayer.

In English, *spirit* can also be used in connexion with the Holy Spirit to refer to holy qualities, whereas *ghost* cannot be. For example, the Holy Spirit is mentioned in one litany to Him as “the spirit of truth”. Owing to connotations in English, He should not be referred to as “the ghost of truth”. Where “the Spirit of truth” and, for example, “the Spirit of wisdom and understanding” and “the Spirit of the fear of the Lord” occur in the lines of litanies, one should use the form “Spirit” for all the petitions in that Litany for the sake of consistency (except those that are separated from the others by some formal break). For this reason, of the three approved litanies of the Holy Ghost, the Principal one and the Third one should use the form *Holy Spirit* for most petitions; the second one, as it happens, looks better with the form *Holy Ghost*.

The two terms also convey different tones. *Holy Ghost* is more formal in general; *Holy Spirit*, more affective. In addition, *ghost* is sometimes inapt because we associate the term with departed spirits and in a negative sense.

Gifts and Fruits of the Holy Spirit

The gifts and the fruits of the Holy Spirit cause endless confusion because the categories overlap with each other and with the three spiritual virtues and the four cardinal virtues. It should be regarded as a valuable challenge to sort them out.

Seven Gifts of the Holy Spirit: wisdom, understanding, counsel, fortitude, knowledge, piety, fear of the Lord.

Twelve Fruits of the Spirit: charity, joy, peace, patience, benignity, goodness, longanimity, mildness, faith, modesty, continency, chastity.

Three Spiritual Virtues: faith, hope and charity (figured by the three steps leading up to the Altar, which also represent the Blessed Trinity).

Four Cardinal Virtues: prudence, justice, fortitude, temperance.

Dedication of Mondays to the Holy Ghost

Dedications of days of the week arose from the complicated practice of Votive Masses in the Middle Ages. Sundays were originally dedicated to the Most Blessed Trinity but this led to abuses. At one time in the thirteenth century, priests were offering Votive Masses of the Holy Trinity on Sundays and ignoring the Masses of the Season. Eventually, it became forbidden to offer a Votive Mass of the Holy Trinity on a Sunday (except, from 1334, on the Octave day of Pentecost, which is why that Feast is now celebrated on that day). Votives of the Holy Trinity were therefore re-assigned to the next day, Monday. However, by that time, Monday had already become the established weekday dedicated to the Holy Ghost, and this has remained the case until now. Monday is dedicated to the Holy Ghost because that Person of God must rank next after the Blessed Trinity (as our Lord was already commemorated from the beginning on Thursdays and Fridays).

The tradition is to pray special devotions to the Holy Ghost on Mondays of the year except when a more important dedication falls on a Monday (*e.g.* when Christmas Day or the Epiphany falls on a Monday).

Devotions to the Holy Ghost

There is an approved Office of the Holy Ghost, and it was and still is indulgenced. There is also a traditional novena and ‘little psalter’ of meditations for the Octave of Pentecost. There is, as well, an approved Chaplet of the Holy Ghost and three approved litanies. The Principal Litany could be used to open the Rosary on a Monday and in the Octave of Pentecost. The

others could open and close the Chaplet or could be used at other times in the day. Every Catholic should know the text of the *Veni, Creator Spiritus* in Latin and in English. It should be prayed whilst kneeling and perhaps after the Angelus, or after the *Regina Cœli* in Whitsun Week. To recite the Sequence for Pentecost, the *Veni Sancte Spiritus*, is magnificent, but to chant it is divine. For those who cannot sing well, there is the option of hearing a recording of it, and one will hear it chanted at a Sung Mass on Whit Sunday. When attendance at Mass is impossible, it should be prayed each day in the Octave of Pentecost because it is said by the Priest at each Mass in that Octave. These two hymns are fundamental to devotion to God the Holy Spirit, as song suggests the exultant spirit in which the apostles received the gift of the Holy Ghost and by which they ventured forth on Pentecost Sunday to convert the people.

VENI, SANCTE SPIRITUS

This is the most important prayer to the Third Person of the Blessed Trinity. Every traditional Catholic should know it by heart. It may be recited to close prayers during the Octave of Pentecost and especially in the Pentecost Triduum.

Veni, Sancte Spíritus, reple tuórum corda fidélium: et tui amóris in eis ignem accénde.

℣. Emítte Spíritum tuum, et creabúntur.

℞. Et renovábis fáciem terræ.

Orémus.

Deus, qui corda fidélium Sancti Spíritus illustratióne docuísti, da nobis in eódem Spíritu recta sápere, et de ejus semper consolatióne gaudére. Per Christum Dóminum nostrum. *Amen.*

Come, Holy Ghost, fill the hearts of Thy faithful, and enkindle in them the fire of Thy love.

℣. Send forth Thy Spirit, and they shall be created,

℞. And Thou shalt renew the face of the earth.

Let us pray.

O God, Who hath taught the hearts of the faithful by the light of the Holy Spirit, grant that, by the gifts of the same Spirit, we may be always truly wise and ever rejoice in His consolation. Through the same Christ our Lord. *Amen.*

VENI, CREATOR SPIRITUS

Hymn from Vespers at Pentecost: Sacral English Text

Come, O Creator Spirit blest!
And in our souls take up Thy rest;
Come, with Thy grace and Heavenly aid,
To fill the hearts which Thou hast made.

Great Paraclete!, to Thee we cry,
O highest gift of God most high!
O fount of life! O fire of love!
And sweet anointing from above!

Thou, in thy sevenfold gift art known;
Thee, finger of God's hand, we own!
The promise of the Father, Thou!
Who dost the tongue with power endow.

Kindle our senses from above,
And make our hearts o'erflow with love;
With patience firm, and virtue high,
The weakness of our flesh supply.

Far from us drive the foe we dread,
And grant us Thy true peace instead;
So shall we not, with Thee for guide;
Turn from the path of life aside.

Oh, may Thy grace on us bestow,
The Father and the Son to know,
And Thee through endless times confess'd,
Of Both, th'eternal Spirit blest.

All glory while the ages run
Be to the Father and the Son
Who rose from death; the same to Thee,
O Holy Ghost, eternally.

Amen.

DEVOTION FOR THE OCTAVE OF THE HOLY GHOST

The following devotion uses a structure which is much like that of a little psalter. For each day in the Octave of Pentecost, the first three verses of the *Veni, Sancte Spiritus* are sung or recited; followed by an invocation for the day, which is closed by one *Pater*, one *Ave* and three Glorys; followed by verses four and five of the *Veni, Sancte Spiritus*; followed by a Supplication, which closes with two versicles with responses, a Collect and a closing plea. The whole is closed by the final two verses of the *Veni, Sancte Spiritus*. Only the final sentence of each invocation changes from day to day. The gifts of the Holy Ghost are requested in reverse order to suggest a ladder reaching up to Heaven. The *Veni, Sancte Spiritus* is the Sequence at Mass in Whitsuntide.

PETITIONARY DEVOTION TO THE HOLY GHOST EACH DAY IN THE OCTAVE OF PENTECOST

Sing or recite each day the first three verses of the Veni, Sancte Spiritus:

Come, Thou Holy Spirit, come,
And, from Thy celestial throne,
Shed a ray of light divine.

Come, Thou father of the poor;
Come, Thou source of all our store;
Come, within our bosoms, shine.

Thou, of comforters, the best;
Thou, the soul's delightful guest;
Sweet refreshment here below.
In our labour, rest most sweet;
Pleasant coolness in the heat;
Solace, in the midst of woe.

O most blessèd Light divine!,
Shine within these hearts of Thine,
And our inmost being fill.
Where Thou art not, man hath nought,
Nothing good in deed or thought,
Nothing free from taint of ill.

**FIRST DAY: SOLEMN FEAST OF WHIT SUNDAY
(PENTECOST)
INVOCATION FOR THE GIFT OF HOLY FEAR**

Prayer:

O most Holy Spirit, the Paraclete, we adore Thee as true God, together with the Father and the Son. We bless Thee with the benedictions of the angels and the seraphim. We offer Thee our whole hearts, and render unto Thee most fervent thanks for all the good which Thou hast done, and art daily doing, to the world. Thou art the giver of all supernatural gifts, and Thou didst fill with immense graces the soul of Mary, the great Mother of God. We beseech Thee also to visit us with Thy grace and with Thy love, and especially to grant us the gift of Thy holy fear, that it may restrain us from relapsing again into those sins for which we now implore Thy pardon with all sincerity. Amen.

Pater. Ave. Three Glorys.

**SECOND DAY: WHIT MONDAY
INVOCATION FOR THE GIFT OF PIETY**

Prayer:

O most Holy Spirit, the Paraclete, we adore Thee as true God, together with the Father and the Son. We bless Thee with the benedictions of the angels and the seraphim. We offer Thee our whole hearts, and render unto Thee most fervent thanks for all the good which Thou hast done, and art daily doing, to the world. Thou art the giver of all supernatural gifts, and Thou didst fill with immense graces the soul of Mary, the great Mother of God. We beseech Thee also to visit us with Thy grace and with Thy love, and especially to grant us the gift of piety that, for the future, we may serve Thee more fervently, follow Thy holy inspirations more promptly, and observe Thy divine commandments more exactly. Amen.

Pater. Ave. Three Glorys.

THIRD DAY: WHIT TUESDAY
INVOCATION FOR THE GIFT OF SCIENCE

Prayer:

O most Holy Spirit, the Paraclete, we adore Thee as true God, together with the Father and the Son. We bless Thee with the benedictions of the angels and the seraphim. We offer Thee our whole hearts, and render unto Thee most fervent thanks for all the good which Thou hast done, and art daily doing, to the world. Thou art the giver of all supernatural gifts, and Thou didst fill with immense graces the soul of Mary, the great Mother of God. We beseech Thee also to visit us with Thy grace and with Thy love, and especially to grant us the gift of science, that we may have a right knowledge of divine things, and by the light of Thy holy teaching, may walk along the true road of our eternal salvation. Amen.

Pater. Ave. Three Glorys.

FOURTH DAY: EMBER WHIT WEDNESDAY
INVOCATION FOR THE GIFT OF FORTITUDE

Prayer:

O most Holy Spirit, the Paraclete, we adore Thee as true God, together with the Father and the Son. We bless Thee with the benedictions of the angels and the seraphim. We offer Thee our whole hearts, and render unto Thee most fervent thanks for all the good which Thou hast done, and art daily doing, to the world. Thou art the giver of all supernatural gifts, and Thou didst fill with immense graces the soul of Mary, the great Mother of God. We beseech Thee also to visit us with Thy grace and with Thy love, and especially to grant us the gift of fortitude, by which we may generously overcome all the designs of the devil, and all the dangers of the world, and every thing which might hinder the salvation of our souls. Amen.

Pater. Ave. Three Glorys.

FIFTH DAY: WHIT THURSDAY
INVOCATION FOR THE GIFT OF COUNSEL

Prayer:

O most Holy Spirit, the Paraclete, we adore Thee as true God, together with the Father and the Son. We bless Thee with the benedictions of the angels and the seraphim. We offer Thee our whole hearts, and render unto Thee most fervent thanks for all the good which Thou hast done, and art daily doing, to the world. Thou art the giver of all supernatural gifts, and Thou didst fill with immense graces the soul of Mary, the great Mother of God. We beseech Thee also to visit us with Thy grace and with Thy love, and especially to grant us the gift of counsel, that we may know how to choose that which is most expedient for our spiritual profit, and to detect all the snares and deceits of the enemy of our souls. Amen.

Pater. Ave. Three Glorys.

SIXTH DAY: EMBER WHIT FRIDAY
INVOCATION FOR THE GIFT OF UNDERSTANDING

Prayer:

O most Holy Spirit, the Paraclete, we adore Thee as true God, together with the Father and the Son. We bless Thee with the benedictions of the angels and the seraphim. We offer Thee our whole hearts, and render unto Thee most fervent thanks for all the good which Thou hast done, and art daily doing, to the world. Thou art the giver of all supernatural gifts, and Thou didst fill with immense graces the soul of Mary, the great Mother of God. We beseech Thee also to visit us with Thy grace and with Thy love, and especially to grant us the gift of understanding, that we may be able to penetrate the divine mysteries, and by the contemplation of Heavenly things, detach our thoughts and affections from all the vanities of this miserable world. Amen.

Pater. Ave. Three Glorys.

SEVENTH DAY: EMBER WHIT SATURDAY INVOCATION FOR THE GIFT OF WISDOM

Prayer:

O most Holy Spirit, the Paraclete, we adore Thee as true God, together with the Father and the Son. We bless Thee with the benedictions of the angels and the seraphim. We offer Thee our whole hearts, and render unto Thee most fervent thanks for all the good which Thou hast done, and art daily doing, to the world. Thou art the giver of all supernatural gifts, and Thou didst fill with immense graces the soul of Mary, the great Mother of God. We beseech Thee also to visit us with Thy grace and with Thy love, and especially to grant us the gift of wisdom, that we may know how to direct all our actions to God as our true and last end, that, loving Him and serving Him as we ought in this life, we may enjoy His company eternally in the life to come. Amen.

Pater. Ave. Three Glorys.

*Sing or recite each day the third and fourth verses
of the **Veni, Sancte Spiritus**:*

Heal our wounds, our strength renew;
On our dryness, pour Thy dew;
Wash the stains of guilt away.
Bend the stubborn heart and will;
Melt the frozen, warm the chill;
Guide the steps that go astray.

On Thy faithful who adore,
And confess Thee evermore,
In Thy sevenfold gifts, descend.
Give them virtue's sure reward;
Give them Thy salvation, Lord;
Give them joys that never end.

Amen. Alleluia.

*Now pray each day the Supplication and following versicles
and responses, Collect and final plea.*

Supplication

Most Holy Spirit, the Paraclete, Father of the poor, Consoler of the afflicted, Light of hearts, and Sanctifier of souls: look upon us who lie prostrate in Thy presence, adoring Thee with the profoundest worship. Innumerable times we bless Thee, and with the Seraphim before Thy throne, we cry: *Sanctus, sanctus, sanctus!* We firmly believe that Thou art eternal God, consubstantial with the Father and the Son. In Thy goodness, we hope to save and sanctify our souls. O divine love!, we love Thee with all our affections and above all created things, for Thou art infinite goodness and alone worthy of all love. How ungrateful have we been towards Thee! How deaf to Thy holy inspirations! How often have we offended Thee by actual sins! O blessed Spirit, remorsefully we beg pardon of Thee; and it is our greatest unhappiness to think that we have ever offended Thee, our chief good. Vouchsafe in Thy pity to accept the offering of our cold hearts, and to wound them with a ray of Thy light and with a spark of Thy holy fire. O Thou who didst fill the soul of the most holy and humble Virgin Mary with immense graces, and didst inflame with Heavenly zeal the hearts of the apostles, kindle in our poor hearts the fervour of Thy love. Thou art the divine Spirit: strengthen us against all spirits of evil. Thou art fire: O light up Thy holy love in our hearts. Thou art light: illuminate our minds with the knowledge of eternal things. Thou art a dove: grant to us simplicity of manners. Thou art a gentle wind: dissipate the stormy gusts of our evil passions. Thou art a tongue: teach our tongues to be always blessing Thee. Thou art a cloud: hide us beneath the shadow of Thy protection. Thou art the giver of all Heavenly gifts: animate us, we beseech Thee, with Thy charity; direct us by Thy goodness; and save us by Thy mercy: that we may always bless Thee, praise Thee, and most fervently love Thee, on earth in time, and then in Heaven for all eternity. *Amen.*

✠. Send forth Thy Spirit, and they shall be created,

℞. And Thou shalt renew the face of the earth.

℣. O Lord, hear our prayer.

℞. And let our cry come unto Thee.

Collect

O God, Who dost infuse into the hearts of Thy faithful the gifts of charity by the grace of the Holy Spirit, grant, we beseech Thee, health of mind and body to Thy servants, that they may love Thee with all their strength, and with a perfect love, do such things as are pleasing in Thy sight, through our Lord Jesus Christ. *Amen.*

Closing Plea:

May the divine assistance remain with us always, and may the souls of the faithful departed rest in peace. *Amen.*

PRINCIPAL LITANY OF THE HOLY GHOST

Following is an older and more fitting version of this Litany than the truncated one most often found in devotionals today. It mentions all the fruits of the Holy Ghost, unlike the shorter version. This Litany could be used to open the Rosary during Whitsun Week; and it might be used on Wednesday after Trinity Sunday to honour the Third Person of God.

Lord, have mercy. *Lord, have mercy.*

Christ, have mercy. *Christ, have mercy.*

Lord, have mercy. *Lord, have mercy.*

Christ, hear us. *Christ, graciously hear us.*

God the Father of Heaven, *have mercy on us.*

God the Son, Redeemer of the world, *have mercy on us.*

God the Holy Ghost, *have mercy on us.*

Holy Trinity, one God, *have mercy on us.*

Holy Spirit, Who proceedest from the Father and the Son,
have mercy on us.

Holy Spirit, co-equal with the Father and the Son,
have mercy on us.

Promise of the Father, most loving and most bounteous,
have mercy on us.

Gift of the most high God, *&c.*

Ray of Heavenly light,

Author of all good,

Source of living water,

Consuming fire,

Burning love,

Spiritual unction,

Spirit of truth and power,

Spirit of wisdom and understanding,

Spirit of counsel and fortitude,

Spirit of knowledge and piety,

Spirit of the fear of the Lord,

Spirit of compunction and penance,

Spirit of grace and prayer,

Spirit of charity, peace and joy,
Spirit of patience, longanimity and goodness,
Spirit of benignity, mildness and fidelity,
Spirit of modesty, continence and chastity,
Spirit of adoption of the sons of God,
Holy Spirit, the Comforter,
Holy Spirit, the Sanctifier,
Who, in the beginning, didst move over the waters,
By Whose inspiration spake the holy men of God,
Who didst overshadow Mary,
Who didst co-operate in the miraculous conception
of the Son of God,
Who didst ascend upon Him at His Baptism,
Who, on the day of Pentecost, didst appear in fiery tongues
upon the disciples of the Lord,
By Whom we also are born again,
Who dwellest in us,
Who governest the Church,
Who fillest the whole world,
Holy Spirit, *we beseech Thee, hear us.*
That Thou wouldst renew the face of the earth,
we beseech Thee, hear us.
That Thou wouldst shed abroad Thy light in our hearts,
we beseech Thee, hear us.
That Thou wouldst write Thy law in our hearts, *&c.*
That Thou wouldst inflame them with the fire of Thy love,
That Thou wouldst open to us the treasures of Thy grace,
That Thou wouldst teach us to ask for them
according to Thy will,
That Thou wouldst enlighten us
with Thy Heavenly inspirations,
That Thou wouldst keep us to Thyself
by Thy powerful attractions,
That Thou wouldst grant to us the knowledge alone necessary,

That Thou wouldst help us to love and bear with each other,
That Thou wouldst lead us in the way of Thy commandments,
That Thou wouldst make us obedient to Thine inspirations,
That Thou wouldst teach us to pray,
 and Thyself pray within us,
That Thou wouldst clothe us with love
 and compassion towards our brethren,
That Thou wouldst inspire us with a horror of evil,
That Thou wouldst direct us in the practice of good,
That Thou wouldst give us the grace of all virtues,
That Thou wouldst be Thyself our everlasting reward,

Lamb of God, Who takest away the sins of the world,
 spare us, O Lord.

Lamb of God, Who takest away the sins of the world,
 graciously hear us, O Lord.

Lamb of God, Who takest away the sins of the world,
 have mercy on us.

Christ, hear us. *Christ, graciously hear us.*

V. Create in us a clean heart, O God.

R. And renew a right spirit within us.

Let us pray.

Grant, O merciful Father, that Thy divine Spirit may enlighten,
in flame and cleanse our hearts; that He may penetrate us with
His Heavenly dew and make us fruitful in good works. Through
Jesus Christ our Lord. *Amen.*

SECOND LITANY OF THE HOLY GHOST

This Litany places emphasis on the moral effect of inspiration from the Holy Spirit. The early bank of twelve petitions corresponds to the twelve fruits of the Holy Ghost and, indeed, eight of these twelve are mentioned in those same petitions, along with four of the seven gifts of the Holy Spirit. This Litany could be used during Whitsun Week and generally on Mondays to open or close the Chaplet of the Holy Ghost or perhaps after recitation of the Angelus or Regina Cœli. The four last lines (those which precede the closing prayer) are the versicles from the Two Alleluias of the Mass which is said for the entire Octave of Pentecost; the closing prayer itself is the Collect from Whit Sunday Mass.

Lord, have mercy on us. *Christ, have mercy on us.*

Lord, have mercy on us.

God, the Father of Heaven, *have mercy on us.*

God, the Son, Redeemer of the world, *have mercy on us.*

God the Holy Ghost, *have mercy on us.*

Holy Trinity, One God, *have mercy on us.*

Divine Essence, one true God, *have mercy on us.*

Spirit of truth and wisdom, *have mercy on us.*

Spirit of holiness and justice, *have mercy on us.*

Spirit of understanding and counsel, *&c.*

Spirit of love and joy,

Spirit of peace and patience,

Spirit of longanimity and meekness,

Spirit of benignity and goodness,

Love substantial of the Father and the Son,

Love and life of saintly souls,

Fire ever burning,

Living water to quench the thirst of hearts,

From all evil, *deliver us, O Holy Ghost.*

From all impurity of soul and body, *deliver us, O Holy Ghost.*

From all gluttony and sensuality, *deliver us, O Holy Ghost.*

From all attachments to the things of the earth, *&c.*

From all hypocrisy and pretence,

From all imperfections and deliberate faults,
From self-love and self-judgement,
From our own will,
From slander,
From deceiving our neighbours,
From our passions and disorderly appetites,
From our inattentiveness to Thy holy inspirations,
From despising little things,
From debauchery and malice,
From love of comfort and luxury,
From wishing to seek or desire anything other than Thee,
From everything that displeases Thee,

Most loving Father, *forgive us.*

Divine Word, *have pity on us.*

Holy and Divine Spirit, *leave us not until we are in
possession of the Divine Essence, Heaven of heavens.*

Lamb of God, Who takest away the sins of the world,
Send us the divine Consoler.

Lamb of God, Who takest away the sins of the world,
Fill us with the gifts of Thy Spirit.

Lamb of God, Who takest away the sins of the world,
Make the fruits of the Holy Spirit increase within us.

Come, Holy Ghost, fill the hearts of Thy faithful,
And enkindle in them the fire of Thy love.

Send forth Thy Spirit, and they shall be created,
And Thou shalt renew the face of the earth.

Let us pray.

O God, Who hath taught the hearts of the faithful by the light of the Holy Spirit, grant that, by the gifts of the same Spirit, we may be always truly wise and ever rejoice in His consolation. Through the same Christ our Lord. *Amen.*

THIRD LITANY OF THE HOLY GHOST

The Third approved Litany of the Holy Spirit is the most descriptive of the three; that is, it lavishes more attention on the operations and character of the Divine Spirit. It could be used especially in Whitsun Week and generally on Mondays throughout the year. It might be used, for example to open or close the Chaplet of the Holy Ghost.

God the Eternal Father, *bleſs me, I adore Thee.*

God the Eternal Son, *bleſs me, I adore Thee.*

God the Eternal Spirit, *bleſs me, I adore Thee.*

Together:

Teach me to live for the glory of the eternal Trinity alone.

Amen.

Together: Bleſſèd Mother Mary, Virgin ſpouſe of the Holy Ghost, intercede for me that, from thine interceſſion, I may obtain the graces I deſire through this litany, which I offer to thy divine Spouſe by thine Immaculate Heart. Amen.

Holy Spirit, Who created me, *I thank Thee.*

Holy Spirit, Who redeemed me, *I thank Thee.*

Holy Spirit, Who ſanctified me, *I thank Thee.*

Holy Spirit of God, *I adore Thee.*

Holy Spirit, without Whom the Father and the Son
do nothing in Heaven or on earth, *I adore Thee.*

Holy Spirit, Who, in the beginning, moved over the waters,
I adore Thee.

Holy Spirit, Who made Mary Immaculate, *I adore Thee.*

Holy Spirit, by Whom the Mystery of the Incarnation
was accompliſhed, *&c.*

Holy Spirit, ſource of all holineſs,

Holy Spirit, Who made me a child of God,

Holy Spirit, Who made me a ſoldier of God,

Holy Spirit, Who wiſhes to make me a ſaint of God,

Holy Spirit, ſource of my every good thought,

Holy Spirit, inſpirer of my every good word,

Holy Spirit, spring of my every good action,
Holy Spirit, Who dwellest in the bosom of the Father,
Holy Spirit, Who dwellest in the bosom of Jesus,
Holy Spirit, Who dwellest in the heart of Mary,
Holy Spirit, Who dwellest in the Church,
Holy Spirit, Who dwellest in the souls of the faithful,
Holy Spirit, Who dwellest in my unworthy heart,
Holy Spirit, Who hast been so patient with me,
Holy Spirit, Who hast been so forgiving to me,
Holy Spirit, Who hast inspired my contrition,
Holy Spirit, Who hast inspired my resolutions,
Holy Spirit, Light of my mind,
Holy Spirit, Strength of my will,
Holy Spirit, Sweetness of my heart,
Holy Spirit, divine Guardian of my virtue,
Holy Spirit, my beginning,
Holy Spirit, my last end,
Holy Spirit, without Whom I can do nothing,
Holy Spirit, without Whom I desire to do nothing,
Holy Spirit, Who leadest me to Jesus,
Holy Spirit, Who bringest the Father and Jesus to me,
Holy Spirit, my God and my all,
Holy Spirit, Who hast set a seal upon my soul,
Holy Spirit, Who protectest me at this moment,
Holy Spirit, Who watchest over me whether I wake or sleep,
Holy Spirit, Who keepest my soul in life,
Holy Spirit, Who wilt claim my soul in death,
Holy Spirit, my eternal Love, ***I thank Thee.***
Holy Spirit, my eternal Love, ***I adore Thee.***
Holy Spirit, my eternal Love, ***I love Thee.***

Lamb of God, Who takest away the sins of the world,

Pour down Thy Spirit upon us, O Lord.

Lamb of God, Who takest away the sins of the world,

Pour down Thy Spirit upon us, O Lord.

Lamb of God, Who takest away the sins of the world,

Pour down Thy Spirit upon us, O Lord.

✠ Pray for us, sweet spouse of the Holy Ghost,

✠ That we may be more worthy of His indwelling.

Let us pray.

O sweet Holy Spirit, Who dwellest as the bond of love in the adorable Unity of the Eternal Trinity, dwell evermore in our souls. Grant that we may never more grieve Thee, but that we may be ever docile to Thine inspirations and, in the unutterable condescension of Thy love, fulfil the desire of our sweet Jesus that we should be one in Him as He is in His Father, Thou Who livest and reignest with Them, One eternal Lord and God, world without end. *Amen.*

THE LITTLE OFFICE OF THE HOLY GHOST

This Office is especially recommended to be prayed during the Octave of Pentecost and generally on Mondays throughout the year; or just Matins plus Vespers could be recited; or just Vespers. The version presented here, from a Primer of 1599, does not include an hour of Lauds.

MATINS: THE NIGHT OFFICE

12.00 midnight

(or it may be prayed before Prime in the morning)

Ÿ. May the grace of the Holy Ghost enlighten our hearts
and our senses.

℞. Amen.

Ÿ. Thou shalt ✕ open my lips, O Lord.

℞. And my mouth shall shew forth Thy praise.

Ÿ. O God, come ✕ to my assistance.

℞. O Lord, make haste to help me.

Ÿ. [Bowing] Glory be to the Father and to the Son and to
the Holy Ghost,

℞. [Unbowing] As it was in the beginning, is now and ever
shall be, world without end. Amen.

From Easter Sunday until Septuagesima Sunday: Alleluia.

From Septuagesima Sunday until Easter Sunday:

Praise be to Thee, O Lord, King of everlasting glory.

Hymn

The gráce of the Holy Ghóst
Free unto us befálls:
Wherewíth was oversháded
The maid of maidens all.
When the Angel Gábriel
His salutátion prayed,
The Word itsélf flésh became
And virgin fruitful made.

Antiphon. Come, Holy Ghost, fill the hearts of Thy faithful, and enkindle in them the fire of Thy love.

Ÿ. Send forth Thy Spirit, and they shall be created.

Ŕ. And Thou shalt renew the face of the earth.

Let us pray.

O Lord, we beseech Thee, that the virtue of the Holy Spirit may be present unto us: the which may mildly both purge our hearts and also defend us from all adversities. Through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee, in the unity of the Holy Ghost, God, world without end. *Amen.*

FROM PRIME TO VESPERS INCLUSIVE

6.00 a.m. to 6.00 p.m. inclusive

(a separate entry follows for the final *hora* of Compline)

Ÿ. May the grace of the Holy Ghost enlighten our hearts and our senses.

Ŕ. Amen.

Ÿ. O God, come ✠ to my assistance.

Ŕ. O Lord, make haste to help me.

Ÿ. [Bowing] Glory be to the Father and to the Son and to the Holy Ghost,

Ŕ. [Unbowing] As it was in the beginning, is now and ever shall be, world without end. Amen.

From Easter Sunday until Septuagesima Sunday: Alleluia.

From Septuagesima Sunday until Easter Sunday:

Praise be to Thee, O Lord, King of everlasting glory.

Hymn for Prime at 6.00 a.m.

Chríst our Saviour was bórñ
Of Máry bléssed máid
Who crúci-fièd was and déad
Ánd in sépulchre láid:
Rísing to His discíples,
He shéwed Himself anéw
And wás to the heavens hígh
Assúmp-ted in their view.

Hymn for Terce at 9.00 a.m.

God His Holy Spírit
Sént to his Apóstles déar,
On the dáy of Péntecost
To yíeld them gládsome cheer,
And with fiery tongues in them
Did árdent zeal impréss:
Bý no means could He endúre
To léave them comfortless.

Hymn for Sext at 12.00 noon

Then did théy the sévenfold grace
Abúndantly receive,
Whéreupon all languages
They fúllly did perceive.
To the wórld's sundry coasts
They thén depárted all:
And did préach the Chrístian faith
Which Cáhòlic we call.

Hymn for None at 3.00 p.m.

Called it was the Hóly Ghost
That cómfort thus did bríng,
The gift of God, Chá-ri-ty,
Ánd the revíving spring,
The únction spirítual,
And éke the fire that flames,
Sévenfold gráce, pré-cíous gift,
So called by many names.

Hymn for Vespers at 6.00 p.m.

The finger of Gód's right hánd,
The ghóstly virtue still,
Ús defend, and sét us free
From év'ry kind of ill:
To the end the Héllish fiend
Dó us no húrtnful deed:
Under His wíngs, Hé us keep,
And thére us nurse and feed.

Antiphon. Come, Holy Ghost, fill the hearts of Thy faithful, and enkindle in them the fire of Thy love.

Ÿ. Send forth Thy Spirit, and they shall be created.

Ř. And Thou shalt renew the face of the earth.

Let us pray.

O Lord, we beseech Thee, that the virtue of the Holy Spirit may be present unto us: the which may mildly both purge our hearts and also defend us from all adversities. Through our Lord Jesus Christ, Thy Son, Who liveth and reigneth with Thee, in the unity of the Holy Ghost, God, world without end. *Amen.*

COMPLINE: THE CLOSING OFFICE

9.00 p.m.

- Ÿ. May the grace of the Holy Ghost enlighten our hearts
and our senses.
- ℞. Amen.
- Ÿ. Convert us ✠, O God, our Saviour,
℞. And turn away Thy wrath from us.
Ÿ. O God, come ✠ to my assistance.
℞. O Lord, make haste to help me.
Ÿ. [Bowing] Glory be to the Father and to the Son and to the
Holy Ghost,
℞. [Unbowing] As it was in the beginning, is now and ever
shall be, world without end. Amen.

From Easter Sunday until Septuagesima Sunday: Alleluia.

From Septuagesima Sunday until Easter Sunday:

Praise be to Thee, O Lord, King of everlasting glory.

Hymn

The Spírit, the Cómforter
Ássist us by His might:
Our stéps to direct and guide
To clear us with His light:
That when Gód at last shall cóme
To be the judge of all.
At His ríght hand He may pléase
Us jóyfully to call.

Antiphon. Come, Holy Ghost, fill the hearts of Thy faithful, and
enkindle in them the fire of Thy love.

Ÿ. Send forth Thy Spirit, and they shall be created.

℞. And Thou shalt renew the face of the earth.

Let us pray.

O Lord, we beseech Thee, that the virtue of the Holy Spirit may be
present unto us: the which may mildly both purge our hearts and also
defend us from all adversities. Through our Lord Jesus Christ, Thy
Son, Who liveth and reigneth with Thee, in the unity of the Holy
Ghost, God, world without end. *Amen.*

THE COMMENDATION

(To close whichever hour is prayed last on any given day.)

These hours Canónical
With devótion to Thee,
And with gódlly respect
Holy Ghost, I did práy,
That by ínspiration
Vísited we may be,
In Thy Héavenly region
With Thee to live for áye.
Amen.



This Devotional booklet has been prepared by the *Ona Voce Vancouver Island Association* (U.V.V.I.A.)

Rev. D7